



# helping MS patients live a healthier life

Good nutrition is an important part of your therapy. Our registered dietitians at Meijer Specialty Pharmacy provide tools, recipes, and resources to help empower you to live a healthier life.

Visit our website for tasty recipes, lifestyle tips, and more. Go to [meijerspecialtypharmacy.com](http://meijerspecialtypharmacy.com) then click on “A Healthier You”.

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**Ask The Dietitian:** If you have any nutrition questions please email: [MSP.Dietitians@meijer.com](mailto:MSP.Dietitians@meijer.com)